

Faculty

Lynne Jacobs, Ph.D., has long been interested in the relational dimension of psychotherapy, and in integrating humanistic theories with contemporary psychoanalytic theories. She is also interested in what it means to practice as a white therapist in culturally diverse environments.

Both a gestalt therapist and a psychoanalyst, she is a co-founder of PGI and faculty analyst at the Institute of Contemporary Psychoanalysis (ICP) in Los Angeles. She teaches at ICP, and teaches gestalt therapists locally, nationally, and internationally. She has published two books (with Rich Hycner) and numerous articles in both gestalt and psychoanalytic journals.

OSPS
Post Office Box 12683
Oklahoma City, OK
73157



Oklahoma Society for
PSYCHOANALYTIC STUDIES

A CHAPTER OF DIVISION 39 OF THE
AMERICAN PSYCHOLOGICAL ASSOCIATION

Lynne Jacobs, Ph.D.

SATURDAY, SEPTEMBER 7, 2019
9:00AM - 12:00PM

Hopes, Fears, Shame and Dignity in the
Therapeutic Relationship

3 Ethics CEUs approved for Psychologists, Social
Workers, LPCs, LMFTs, and LADCs

Description of Course Content

Many of our patients know indignity all too well. They enter our office suffused with shame, sometimes conscious sometimes not. And just the fact that they are seeking our help is another indignity.

Shame in its many forms, from embarrassment to mortification to humiliation, can be considered the primary emotion of indignity, and our patients may well feel ashamed that they have not been able to solve their life problems using their own resources. Instead they must bare their souls to a stranger, someone who may or may not welcome their fears, their longings, their vulnerabilities, their failures and their shame.

They come with hope that the therapy will not compound their shame, and fear that it will. A patient's sense of dignity is never far from my mind when I'm having conversations with my patients, or when I am bearing witness or even when I am arguing with them. There is an overall felt sense that all of our conversations are navigations through the waters of dignity and indignity.

Learning Goals and Objectives

Participants will be able to:

1. Identify and explain the dynamic interplay between hope and fear in the clinical process.
2. Recognize the difference between shame anxiety and shame as inspirational.
3. Recognize the interplay of shame and dignity in the therapeutic relationship.

SCHEDULE

Saturday, September 7, 2019
8:30am Registration and Coffee
9:00am - 12:00pm Presentation

NEW LOCATION

OU College of Public Health
Auditorium
801 NE 13th Street
Oklahoma City, OK 73104

MAP LINK

<http://osps.info/Websites/ospsinfo/images/OUHSCMap.pdf>

Registration

To Register and Pay Online Visit:
www.osps.info

To Register by Mail,
Send Registration Form & Fee to:
OSPS
Post Office Box 12683
Oklahoma City, OK 73157-2683

Name: _____

Address: _____

Email: _____

Phone: _____

Discipline: _____

License #: _____

- \$125 Non-Members
- \$100 Members
- \$25 *Students

*(Full-Time Undergraduate, Graduate, Doctoral students and LMFT, LADC, LPC, Social Work, Psychology, and Psychoanalytic licensure/certification candidates, and 2nd year Foundation Class participants.)

For information email Trish Myers at triciamyers@cox.net