

Faculty

Martha Stark, MD, a graduate of Harvard Medical School, is a Holistic Psychiatrist / Psychoanalyst and an Integrative Medicine Specialist in private practice in Boston, Massachusetts.

Martha is Faculty, Harvard Medical School; Co-Director / Faculty, Center for Psychoanalytic Studies; Faculty, Psychiatry Redefined; Faculty / Scientific Advisory Board, Academy of Comprehensive Integrative Medicine; Adjunct Faculty, William James College and Smith College School for Social Work; and Former Faculty, Boston Psychoanalytic Institute and Massachusetts Institute for Psychoanalysis.

Martha is the author of seven critically acclaimed psychotherapy books – award-winning “mandatory reading” at psychoanalytic training institutes and in psychodynamic psychotherapy programs both in the US and abroad.

Board Certified by the American Association of Integrative Medicine, Martha has contributed chapters to integrative medicine textbooks and articles to peer-reviewed toxicology / environmental medicine journals. She also serves on the editorial / advisory boards of various holistic health publications.

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Oklahoma Society for
PSYCHOANALYTIC STUDIES

A CHAPTER OF DIVISION 39 OF THE
AMERICAN PSYCHOLOGICAL ASSOCIATION

Martha Stark, MD

SATURDAY, FEBRUARY 2, 2019
9:00AM - 12:00PM

A Heart Shattered, Relentless Despair,
and the Unlived Life

3 CEUs approved for Psychologists, Social Workers,
LPCs, LMFTs, and LADCs

Description of Course Content

Patients who have never fully confronted – and grieved – the pain of their early-on heartbreak will often cling to their hope that perhaps someday the “object of their desire” will be forthcoming. But there are others who, because of catastrophically shattering early-on disappointments and losses, withdraw completely from the “world of objects” – only to find themselves then overwhelmed with a terrifying sense of alienation, existential angst, and harrowing loneliness. Instead of “relentless hope,” their experience is of “relentless despair.”

Clinical vignettes will be offered that speak to how the therapist, ever attuned to the patient’s intense ambivalence about “remaining hidden vs. being found,” can facilitate the emergence of “moments of authentic meeting” that will restore purpose, meaning, and direction to an existence that was otherwise desolate, impenetrable, and empty.

Learning Goals and Objectives

Participants will be able to:

1. To elaborate upon the patient’s intense ambivalence about “remaining hidden vs. being found”.
2. To explain the relevance of the concept of the patient’s “dread of surrender to resourceless dependence”.
3. To expound upon the importance of “moments of authentic meeting” as offering opportunity for restoring purpose, meaning, and direction to a life otherwise “unlived”.

SCHEDULE

Saturday, February 2, 2019
8:30am Registration and Coffee
9:00am - 12:00pm Presentation

NEW LOCATION

OU College of Public Health
Auditorium
801 NE 13th Street
Oklahoma City, OK 73104

MAP LINK

<http://osps.info/Websites/ospsinfo/images/OUHSCMap.pdf>

Registration

To Register Online Visit:
www.osps.info

To Register by Mail,
Send Registration Form & Fee to:
OSPS
Post Office Box 12683
Oklahoma City, OK 73157-2683

Name: _____

Address: _____

Email: _____

Phone: _____

Discipline: _____

License #: _____

- \$100 Non-Members
- \$80 Members
- \$20 *Students

*(Full-Time Undergraduate, Graduate, Doctoral students and LMFT, LADC, LPC, Social Work, Psychology, and Psychoanalytic licensure/certification candidates, and 2nd year Foundation Class participants.)

For information email Trish Myers at triciamyers@cox.net